



**MALCOLM FRAZER**  
GYNAECOLOGIST  
UROGYNAECOLOGIST

**Assoc/Prof Malcolm Frazer**  
MB ChB MD FRCOG FRANZCOG CU  
Gynaecologist/Urogynaecologist

140 Ashmore Road, Benowa 4217  
Gold Coast and Pindara Hospitals Griffith and Bond University, Gold Coast, Australia

**Phone:** +61 (0) 755649300  
**Fax:** +61 (0) 755649400  
**Email:** [info@malcolmfrazer.com.au](mailto:info@malcolmfrazer.com.au)

---

## **LABIOPLASTY**

### **Definition:**

Surgical reduction in the size or shape of the small vaginal lips (labia minora).

### **Why am I having this Surgery?**

To remove excess tissue which is causing discomfort.

### **Following your Surgery**

- You may shower or bath as usual, but avoid spas, or swimming for 10 days. Do not use tampons or have intercourse until all pain and swelling has gone.
- Take some sanitary pads with you to wear after the procedure.
- You are advised to apply ice packs to your labia for the first 24 hrs.
- You are advised to have salt baths for a couple of days after surgery, 3 times a day.

### **Possible Risks and Potential Complications**

A collection of blood (haematoma) can form within the labia and produce a painful lump of varying sizes. This is uncommon but if it occur it may need to be drained surgically if it is large.

Any operation is associated with some potential risks of bleeding, infection, and thromboembolism (blood clots). Risks are increased in certain instances, eg. Obesity, high blood pressure, diabetes, previous surgery and in smokers.

### **Notify your Doctor**

If any of the following occurs: bleeding from the operation site, excessive pain, a temperature or a discharge that is offensive.

You may contact Dr Frazer on 5564 9300 if you have any problems or concerns post operatively.