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## **FENTONS VAGINOPLASTY**

### **Description of the procedure**

This operation is carried out to enlarge the vaginal entrance. The operation is usually carried out under a short general anaesthetic. A vertical incision is made on the back wall of the vaginal entrance through the skin and into underlying muscle.

This is then repaired with suturing in an across-ways direction. The overall effect is a widening of the lower part of the vaginal opening. The operation should take less than ½ an hour.

### **Why is the operation performed?**

In most cases it is performed because of a complaint of pain or tenderness in the vagina during intercourse. Examination of this area may show signs of narrowing due to scar tissue from previous operations or childbirth. It is not a 'cure-all' for any sort of pain that occurs during intercourse and the choice of a Fenton's procedure will be taken with some care by Dr Frazer.

### **Post operative course**

The stitches used in the operation are all dissolvable. Expect a full recovery without complications. You will need moderate pain relief for the vulval region for 1 week or so. It will be expected that there will be pain in the area for several days, although this should not be severe.

- You may take simple pain medication such as paracetamol 4-6 hourly.
- The application of ice to the perineum for 15-20 minutes every hour will reduce bruising and pain in the first 48 hours.
- After the first 48 hours you may take salt baths 2-3 times per day.
- Wear cotton underwear and use sanitary pads as opposed to tampons for the next 3 weeks.
- Avoid intercourse for 6 weeks until healing is totally complete.
- Avoid pools and spas for three weeks
- Normal baths and showers can be commenced immediately post operatively.

### **Expected Outcome**

There is a possibility that in healing the area of suturing may scar and become tender but this should be very uncommon.

**Any problems or concerns please contact Dr Frazer on 55649300 for advice.**

**Website:** <http://www.malcolmfrazer.com.au>