



MALCOLM FRAZER
 GYNAECOLOGIST
 UROGYNAECOLOGIST

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Urogynaecology

Dr. Malcolm Frazer

WEEKLY PROGRESS BLADDER CHART



Measure the amount of urine passed

(√) if unable to measure

(W) if you are wet



Record how much fluid you drink and what it is. e.g. cup of tea.

	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
6am							
7am							
8am							
9am							
10am							
11am							
12md							
1pm							
2pm							
3pm							
4pm							
5pm							
6pm							
7pm							
8pm							
9pm							
10pm							
11pm							
12mn							
1am							
2am							
3am							
4am							
5am							